

February 2026 | Highlands at Wildwood Lake

# HIGHLANDS

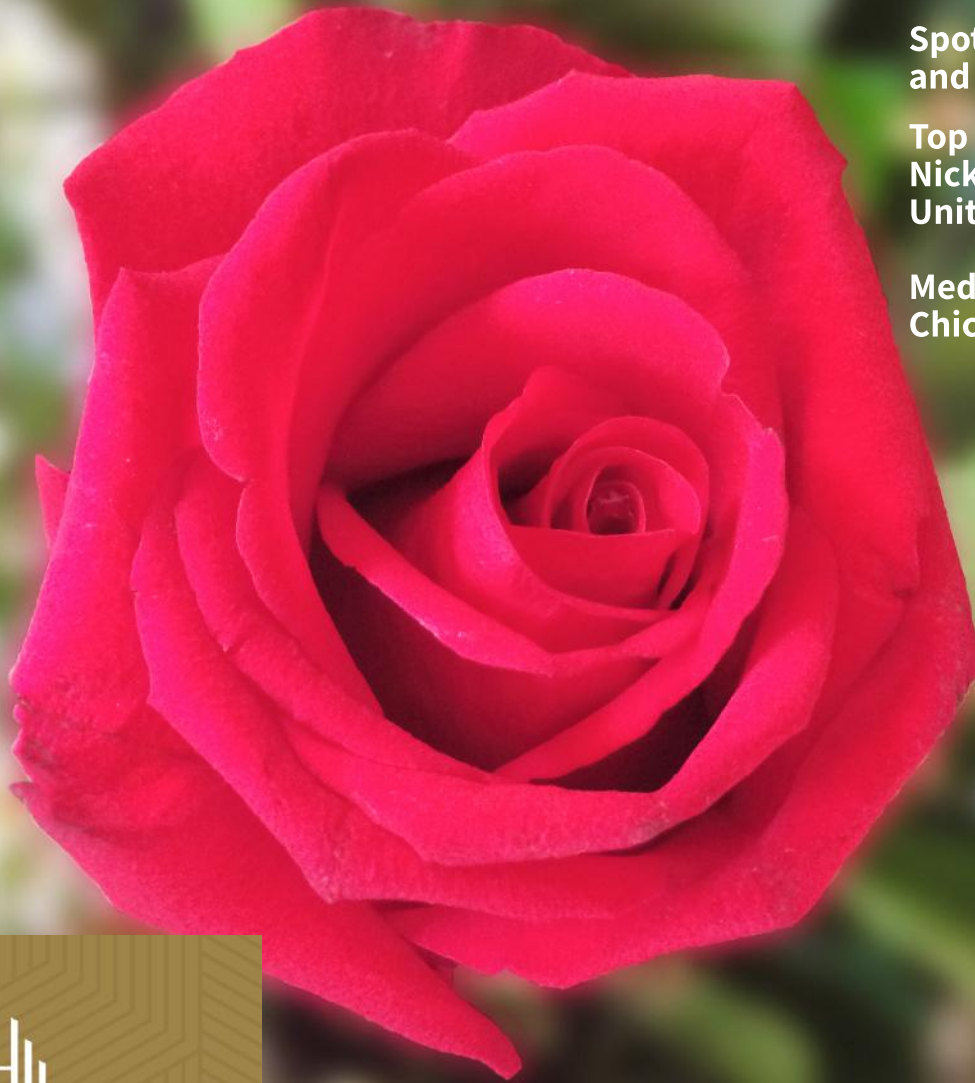
## *Happenings*

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**HIGHLANDS  
COMMUNITIES**  
Apartment & Townhomes 55+

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## PAST ACTIVITIES & RECREATIONAL EVENTS



## UPCOMING SPOTLIGHT EVENTS



### Corks & Conversation Social Hour

**THURSDAY, FEBRUARY 12TH AT 3:00 PM | COMMUNITY ROOM**

Join us for Corks & Conversation, a relaxed social hour featuring wine tasting, light bites, and great conversation with friends and neighbors. Cheers to good company and connection! **\$12 per person. RSVP Thursday, February 5th**



### February Movie Mingle

**FRIDAY, FEBRUARY 13TH & 27TH AT 2:00 PM | MOVIE THEATER**

**Movie #1:** Jurassic World Rebirth: Five years post Jurassic World. Dominion, an expedition braves isolated wilds to extract dinosaur DNA for a medical breakthrough. **Movie #2:** Wicked - For Good: Elphaba and Glinda face hard choices as friendship, power, and truth are put to the test. **This event is free. RSVP by Monday, February 12th & 26th**



### Lovesong Jukebox Bingo

**MONDAY, FEBRUARY 16TH AT 2:00 PM | COMMUNITY ROOM**

Love is in the air and so are the love songs! Come down wearing your best red, pink, or Valentine's Day attire and enjoy light refreshments while competing in a friendly game of BINGO! **\$6 per person. RSVP by Monday, February 9th**



### Friday Fish Fry

**FRIDAY, FEBRUARY 20TH AT 4:00 PM | COMMUNITY ROOM**

Join us for a classic Wisconsin Friday Fish Fry! The Chef's Daughter will be catering delicious fried or baked fish, potato pancakes, rye bread, a vegetable medley, and tartar sauce. Refreshments provided.

**\$18 per person. RSVP by Thursday, February 12th**



### Story Stones & Memory Pebbles

**THURSDAY, FEBRUARY 26TH AT 3:00 PM | COMMUNITY ROOM**

Story Stones & Memory Pebbles: All supplies included! Decorate stones with words or symbols that spark meaning for you. Reflect, connect, and enjoy a creative moment.

**\$5 per person. RSVP by Thursday, February 19th**

*We look forward to having you join us!  
For a complete list of activities and events taking place  
this month at the Highlands, visit our Activity Calendar on pages 6-7.*

## RESIDENT REMINDERS



True friends are never apart, maybe in distance but never in heart.

– Helen Keller

*Congratulations!*

Who won \$100?



This month's winner of our \$100 lease renewal drawing is Sharon B.



### Walkers & Scooters FOR THE SAFETY OF EVERYONE

Walkers and scooters should not be left in the common areas of the community or in hallways when you leave the building. You may, however, leave your walker or scooter near the elevator in the basement as you come and go. If you choose to do this, please be sure to park it out of the way of foot traffic for the safety and convenience of our residents. Please also note that Highlands Communities is not responsible for lost or stolen walkers or scooters.

### Elevator Etiquette A FRIENDLY REMINDER FOR OUR RESIDENTS

Please avoid holding the elevator doors open. It's better to step out and finish your conversation, allowing the elevator to continue. Holding the doors repeatedly can trigger the alarm, and this may cause problems with the elevator's programming, leading to a shutdown and requiring a reset.

Your cooperation is greatly appreciated to help things run smoothly!

### Wisconsin Homestead Rent Certificates FORMS AVAILABLE IN THE RESIDENT SERVICES OFFICE

The State of Wisconsin allows deduction to income taxes for your residence. The program, established in 1964, is called the Homestead Tax Credit. To be eligible, a person must own or rent his/her residence, be at least 18 years of age and have a low annual household income.

If you qualify and wish to take advantage of this program, you will need a Rent Certificate completed by your landlord. The Resident Services Office has these forms available and upon request, will complete the form for you within 3 business days.

If you have questions about this tax credit, contact your tax advisor. If you have questions about completing the Rent Certificate, please contact our Resident Services Office.

### Common Area Expectations A FRIENDLY REMINDER FOR OUR RESIDENTS

The common areas and hallways of our communities are shared spaces enjoyed by all. As a friendly reminder, please be mindful of the following when in the common areas: Avoid behavior that could create a nuisance such as playing, loitering, loud noises, offensive conduct, inappropriate attire (please have shoes and appropriate street attire on at all times), or playing music without headphones.

If you have any questions about what is, or is not allowed, in the common areas, please refer to your lease, or contact the Resident Services Office for more information.

### February Coffee Crew TUESDAY, FEBRUARY 10TH AT 11 AM COMMUNITY ROOM

Join us for this month's Coffee Crew from Berres Brothers.

The February Featured flavor is Peanut Butter Fudge coffee. Enjoy the creamy, nutty essence of peanut butter paired with the indulgent richness of fudge. It's a brew that feels like a seasonal celebration. **This event is free. RSVP Not Needed**



### Return The Carts For Others To Use A FRIENDLY REMINDER

Please be courteous to your neighbors and return the community shopping carts and flatbeds to their designated area immediately after you are finished using them. We appreciate your cooperation.

### Let's Start a Book Club

Do you love books and great conversations? We are gauging resident interest in starting a book club. Would you like to connect, share ideas, and enjoy engaging discussions with your neighbors? If you're interested in joining a monthly book club hosted by Chloe, please stop in the Resident Services Office or email her at [cmcpherson@ardenpropertygroup.com](mailto:cmcpherson@ardenpropertygroup.com) to express your interest.

Don't miss this chance to read, relax, and make new friends!

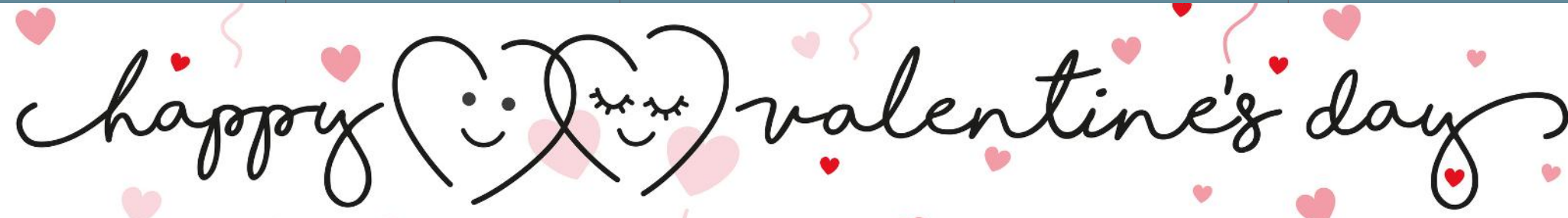


*Nothing is impossible. The word itself says 'I'm possible!'*

–Audrey Hepburn



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>1 pm</b> Hand & Foot  National Baked Alaska Day	2 <b>1 pm</b> Games & Crafts <b>6:30 pm</b> Poker  Pest Control	3 <b>9 am</b> Exercise <b>6:30 pm</b> Sheepshead & Bible Study	4 <b>1 pm</b> Card Games <b>2 pm</b> Community Crafts <b>4 pm</b> Social Hour <b>6:30 pm</b> 3/13 Rummy	5 <b>9 am</b> Exercise <b>1 pm</b> Rummikub & Sheepshead	6 <b>9 am</b> Donut Day <b>11 am</b> Orange Shoe <b>7 pm</b> Social Hour	7 <b>1:30 pm</b> Board Games  National Eat Ice Cream for Breakfast Day
8 <b>1 pm</b> Hand & Foot  National Laugh & Get Rich Day	9 <b>1 pm</b> Games & Crafts <b>6:30 pm</b> Poker	10 <b>9 am</b> Exercise <b>11 am</b> Coffee Crew <b>6:30 pm</b> Sheepshead & Bible Study	11 <b>1 pm</b> Card Games <b>2 pm</b> Community Crafts <b>4 pm</b> Social Hour <b>6:30 pm</b> 3/13 Rummy	12 <b>9 am</b> Exercise <b>1 pm</b> Rummikub & Sheepshead <b>3 pm</b> Corks & Conversation Social Hour	13 <b>11 am</b> Orange Shoe <b>2 pm</b> Feb. Movie Mingle <b>7 pm</b> Social Hour & Wii Games	14 <b>1:30 pm</b> Board Game  Happy Valentine's Day
15	16	17 Birthday Treat Delivery	18	19	20	21
15 <b>1 pm</b> Hand & Foot  National Gum Drop Day	16 PRESIDENTS' DAY <b>1 pm</b> Games & Crafts <b>2 pm</b> Lovesong Jukebox Bingo <b>6:30 pm</b> Poker Monthly Fire  Fire Alarm Testing	17 MARDI GRAS/RAMADAN BEGINS CHINESE/LUNAR NEW YEAR <b>9 am</b> Exercise <b>2 pm</b> Bingo <b>6:30 pm</b> Sheepshead & Bible Study	18 ASH WEDNESDAY <b>1 pm</b> Card Games <b>2 pm</b> Community Crafts <b>4 pm</b> Social Hour <b>6:30 pm</b> 3/13 Rummy	19 <b>9 am</b> Exercise <b>12 pm</b> Cookie Day <b>1 pm</b> Rummikub & Sheepshead <b>6:30 pm</b> Line Dancing	20 <b>11 am</b> Orange Shoe <b>4 pm</b> Friday Fish Fry <b>7 pm</b> Social Hour	21 <b>1:30 pm</b> Board Games  National Stickey Bun Day
22 <b>1 pm</b> Hand & Foot  National Be Humble Day	23 <b>1 pm</b> Games & Crafts <b>4 pm</b> Happy Hour <b>6:30 pm</b> Poker	24 <b>9 am</b> Exercise <b>6:30 pm</b> Sheepshead & Bible Study	25 <b>1 pm</b> Card Games <b>2 pm</b> Community Crafts <b>4 pm</b> Social Hour <b>6:30 pm</b> 3/13 Rummy	26 <b>9 am</b> Exercise <b>1 pm</b> Rummikub & Sheepshead <b>3 pm</b> Story Stones & Memory Pebbles Craft	27 <b>11 am</b> Orange Shoe <b>2 pm</b> Feb. Movie Mingle <b>7 pm</b> Social Hour & Wii Games	28 <b>1:30 pm</b> Board Games  National Science Day



HIGHLANDS COMMUNITIES  
**FEBRUARY 2026**  
**ACTIVITIES**

## JUST FOR FUN



### Fun Facts About Leap Year

Leap years exist to keep our calendars in sync with Earth's orbit. It takes Earth about 365.242 days to orbit the sun, so adding an extra day every four years—February 29—helps correct that small fraction.

But not all years divisible by 4 are leap years! Century years must also be divisible by 400 to qualify. That's why 1900 wasn't a leap year, but 2000 was. Without leap years, seasons would slowly drift, eventually throwing our calendars out of whack!



### Back Then In History - February

On February 14, 1968—fittingly Valentine's Day—the first successful U.S. heart transplant was performed in Houston, Texas, by Dr. Denton Cooley. The recipient, a 47-year-old man, lived for over 200 days following the procedure.

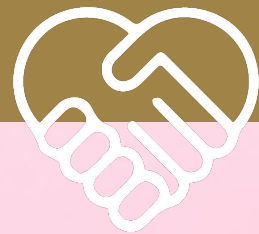


This medical milestone marked the beginning of a new era in cardiac care and innovation.

Today, heart transplants continue to save lives around the world thanks to the groundbreaking efforts of early pioneers in transplant medicine.

February is the border between winter and spring.

— Terri Guillemets



## Top Ten

### MOST POPULAR NICKNAMES IN THE UNITED STATES

Whether playful, cute, or nostalgic, nicknames bring a personal touch to relationships. From childhood favorites to pet names for loved ones, everyone has a soft spot for a good nickname!

1. Buddy
2. Sweetie
3. Champ
4. Boo
5. Peanut
6. Ace
7. Sunshine
8. Lovebug
9. Chief
10. Snickers

*Fun Names!*

## WHAT'S COOKING

### Mediterranean Chicken Bake

It only takes a handful of fresh, flavorful ingredients to make this easy and vibrant dish. Juicy tomatoes and crumbled feta create a savory, tangy sauce that's delicious spooned over rice, orzo, or pasta—making this recipe perfect for a weeknight dinner or casual weekend meal.

Can be frozen for up to 3 months.



### INGREDIENTS

- 4 chicken breasts (about 1.5 pounds)
- 2 cups grape tomatoes
- 1 shallot, sliced
- 3 cloves garlic, minced
- 3 sprigs thyme or 1/2 tsp dried thyme
- 1/2 cup feta, crumbled
- 2 tbsp olive oil
- 2 tbsp Italian seasoning
- 1/2 tsp salt
- 1/4 tsp pepper
- 2 tbsp parsley, chopped (for garnish)

**STEP 1:** Mix the tomatoes, olive oil, garlic, shallot, thyme, and half of the feta in the bottom of a 9x13 Pyrex baking dish or similar.

**STEP 2:** Make room for the chicken breasts and lay them in a single layer without touching. Sprinkle with salt, pepper, and Italian (or Greek) seasoning.

**STEP 3:** Bake at 375°F for about 30 minutes or until internal temperature reaches 165°F.

**STEP 4:** Top with remaining feta and bake an additional 3–4 minutes to melt.

*Healthy and delicious!*



## Shelf Indulgence

### THIS MONTH'S BOOK RECOMMENDATION

#### The Bookish Life of Nina Hill by Abbi Waxman

Nina, a bookstore employee and trivia whiz, lives a quiet, organized life—until the father she never knew leaves her a large, chaotic family. With lovable characters, sharp humor, and witty observations, this book is a feel-good celebration of introverts, books, and embracing change. A smart, cozy pick for curling up with in the winter.

## CONTACT INFORMATION



## Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



## Main Office

Mon - Fri, 10:00am - 4:00pm  
Phone: (262) 447-8737  
Fax: (262) 251-3330

N77W17700 Lake Park Dr.  
Menomonee Falls, WI 53051

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**Timothy Cross**  
WildwoodLake@ardenpropertygroup.com

**ASSISTANT MANAGER**  
**Chloe McPherson**  
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**LEASING SPECIALIST**  
Shameia Cullin

**MAINTENANCE**  
Mon - Fri, 8:30am - 4:30pm  
Phone: (262) 447-8737  
Evenings & Weekends (AnSer) (800) 263-6148

**MAINTENANCE TEAM**  
Joel Roskopf

**HOUSEKEEPING TEAM**  
Sandra Chatmon

## Community Engagement Coordinators

**Annette Springer**      **Beverly Weber**

### Connecting Through Life Experiences WARM UP WINTER WITH FRIENDSHIP AND FUN

This February, we're creating spaces for community, creativity, and meaningful connection.

Join Us Each Week For:  
**Orange Shoe Fitness** stay active by joining our group class every Friday at 11 am in the Community Room.

**Social Hour** with drinks and great conversation is hosted every Wednesday at 4 pm and every Friday at 7 pm in the Community Room.

**Pen-Pal Card Making** - This month we invite each of you to write a card to share words of hope that will brighten a child's day at St. Jude Children's Research Hospital. Please be positive & empowering: "You are so brave," "Thinking of you," "You're a superhero!". Wish them well: "Wishing you lots of smiles and fun," "Hope you get to play soon," "Get well soon!". Keeping it short is best for kids.

**Cards can be mailed to:**  
St. Jude Children's Research Hospital - Cards for Kids  
262 Danny Thomas Place, Memphis, TN 38105

## Onsite Services

**Salon**  
Thur, 9am - 3pm  
Fri, 9am - 1pm  
Every other Wednesday, 9am - 1pm  
Phone: (414) 687-4873  
**STYLIST**  
**Becky**  
Credit cards not accepted

**Hearing Aid Service**  
Call to schedule an appointment  
Technician - Margie Roman  
Phone: (414) 315-3149  
Many services are performed free of charge.

**Health Markets**  
**COMMUNITY ROOM**  
**2nd Wednesday of each month, 9:30am - 10:30am**  
Insurance Rep: Dave Keddie  
Phone: (262) 424-1498  
Q&A session for Medicare and insurance related issues. Call for a one on one appointment.

**Podiatry Service**  
**IN APARTMENT**  
**By appointment only**  
Call to schedule an appointment in-home with Dr. Trejo  
Phone: 414-483-5566  
(Insurance can be billed)

## Local Services

**Spectrum Cable**  
**HOTLINE**  
(833) 697-7328  
**WILDWOOD LAKE ACCOUNT**  
#8348 10 200 0214229

**WE Energies**  
**HOTLINE**  
(800) 242-9137

**Johnson Bus**  
**HOTLINE**  
(262) 251-4230

**City Government**  
**PHONE**  
(262) 255-8300

### February - A Month of Progress

February marks Black History Month, honoring the achievements and contributions of African Americans throughout history.

It also includes significant events like Presidents Day, Valentine's Day, and the birthdays of influential figures such as Frederick Douglass and Abraham Lincoln.

Join us this month in celebrating reflection, connecting through life experiences, and progress.



## CHECK IT OUT

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Refer a friend or relative who completes an application by March 31, 2026 and when they move in, you'll receive

**\$500 CASH BACK!\***

\*Some restrictions apply. Application must be completed by March 31, 2026. Promotional program and cash back applicable to current Highlands Communities residents only. Recipient is responsible for paying all other local, county, state, and federal taxes on referral bonus.



## For After Hours Maintenance Emergencies

### HERE'S HOW TO GO ABOUT MAKING US AWARE THAT YOU REQUIRE ASSISTANCE

For all maintenance emergencies after 4:30 pm, Monday through Friday, Saturdays, Sundays, and holidays, please call our after hours call center, The Answer, at 1-800-263-6148.

You will be asked to provide the following information:

1. Your name
2. The name of the Highlands Community where you reside
3. Your building #, apartment # and phone #
4. A description of your emergency

If leaving a message, please be sure to include all information listed above.

Upon receiving an emergency call, The Answer operator will contact our on-call maintenance staff and they will respond accordingly. If you do not hear back from our on-call team member within 30 minutes, please call 'The Answer' back to make them aware.

If your call is not considered a maintenance emergency, The Answer will not contact our on-call maintenance staff. We ask that all residents have a personal plunger and attempt to unclog your toilet prior to calling for emergency assistance.

**A maintenance emergency is considered as the following:** No heat, flooding such as water heater, toilets and drains or unnatural flooding into the apartment, refrigerator not working, gas odor, plugged toilet if overflowing and the only toilet in the apartment, clogged drains, no A/C if temperature is higher than 75 degrees, garage doors not opening/closing properly, lockouts, no electricity, elevator stuck or not opening, smoke detector beeping. For all medical, fire and police emergencies, please call 911.

